

# Dr. Reza Zavar, PhD

Nursing Professional | Clinical Researcher | Educator

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## PROFESSIONAL PROFILE

Dedicated and results-oriented Nursing Professional with a comprehensive background in clinical care, nursing education, and research. Proven track record in specialized healthcare settings, including intensive care, nuclear medicine, and pediatric units. Committed to advancing nursing science through research, evidence-based practice, and the integration of modern technologies. Experienced in academic writing, workshop facilitation, and collaborating on international research projects.

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## CORE COMPETENCIES

- Research Areas: Telenursing, Nursing Informatics, Artificial Intelligence in Nursing, Patient Safety, Nursing Management, Wound Care.
  - Clinical Expertise: Intensive Care (ICU/NICU/PICU), Emergency Nursing, Advanced CPR, Patient Monitoring.
  - Academic Skills: Curriculum Development, Clinical Supervision, Scientific Writing, Evidence-Based Practice (EBP).
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## EDUCATION

- PhD in Nursing  
Iran University of Medical Sciences, Tehran, Iran
- MSc in Nursing (Internal-Surgical)  
Iran University of Medical Sciences, Tehran, Iran

- BSc in Nursing  
Shahid Beheshti University of Medical Sciences, Tehran, Iran
  - Visiting Research Scholar (Short-term)  
Karolinska Institute, Sweden  
Focus: Intensive Care Systems and Global Nursing Practice
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## ACADEMIC & RESEARCH EXPERIENCE

- Nursing Educator & Supervisor (2015–Present)
  - Supervised clinical rotations for nursing students.
  - Instructed courses on "Nursing Principles and Skills" and "Physics in Emergency Medicine."
  - Research Projects
  - Design and Evaluation of a Telenursing Mobile Application for Self-Care in Type 2 Diabetes.
  - Conducted qualitative research on nursing ethics and cultural competence in healthcare.
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## SELECTED PUBLICATIONS

- Ahmadi, F., Zavvar, R., & Wilson, E. (2021). Challenges and Opportunities in Nursing Education During the COVID-19 Pandemic: A Global Perspective. *Nurse Education Today*, 98, 104721.
- Nilsson, A., Zavvar, R., & Eriksson, K. (2023). Cultural Competence in Nursing: A Qualitative Study of Iranian Nurses' Experiences in Swedish Healthcare Settings. *Nordic Journal of Nursing Research*, 43(1), 32–45.
- Zavvar, R., & Smith, L. (2023). Implementing Telenursing in Rural Areas: Challenges and Opportunities. 7th World Congress on Nursing Education and Research, Barcelona, Spain.
- Zavvar, R., & Lee, S. (2023). The Role of Artificial Intelligence in Enhancing Nursing Education: A Systematic Review. 9th International Conference on Nursing Informatics, Seoul, South Korea.

- Zavvar, R., & Wilson, E. (2022). Nurses' Experiences of Ethical Challenges During the COVID-19 Pandemic: A Phenomenological Study. 23rd International Conference on Health Care, Quality and Safety, Dubai, UAE.
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## PROFESSIONAL APPOINTMENTS

- Clinical Nurse: Experienced in high-acuity environments including specialized hospitals, nuclear medicine centers, and pediatric intensive care units.
  - Specialized Training: Extensive experience in medical centers affiliated with the oil industry, focusing on quality control and emergency response.
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## PROFESSIONAL DEVELOPMENT & WORKSHOPS

- Advanced General ICU Management Workshop
  - Basic & Advanced Cardiopulmonary Resuscitation (CPR) Training
  - Patient Safety and Medication Error Prevention Seminars
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## TECHNICAL SKILLS & INTERESTS

- Languages: Persian (Native), English (Professional).
- Interests: Swimming, Diving, and Water Lifesaving.